# 2017-2018 USAV Junior Volleyball Season Tryouts Gaithersburg High School

October 15<sup>th</sup> - 2pm: U14 and younger; 4pm: U15 and older October 22<sup>rd</sup> - 2pm: U14 and younger; 4pm: U15 and older

#### Introduction

The Maryland Volleyball Program (MVP) provides opportunities for boys to compete in USA Volleyball Junior Olympic competitions at local, regional, and national levels. MVP was first established in 1986 and has competed in every Junior Olympic Volleyball National Championship since 1987.

## **Coaching Philosophy**

We are dedicated to providing quality training above and beyond what is available through the school systems through competitions at local, regional, and national levels. This competitive athletic experience enhances social development, contributes to mental and physical health, and teaches the values of teamwork, responsibility, self- discipline, and self-motivation.

It is our sincere desire to provide a solid foundation of fundamentals to enable participants to develop not only as players, but also as persons. Given this base, we hope that these youths will continue playing well beyond their Junior Olympic years. Volleyball is truly a lifetime sport.

## **Coaching Staff**

MVP provides one of the best coaching staffs in the area. Our coaching staff includes USA Volleyball High Performance Coaches and Players, NCAA Men's Volleyball players, local high school volleyball coaches, and lifetime volleyball players. Our staff has participated at every level possible and this unique combination provides our players with the best training available.

#### Commitment

Playing for MVP can be a significant time and financial commitment. Practices begin at the end of October and the tournament season begins in January culminating with the USAV Junior Olympic Championships in June/July. Competitive travel teams are expected to practice twice a week; one weeknight and one weekend practice (usually Sunday afternoons) (exact location is TBD but will be in Montgomery County).

Financially, the cost of an entire season (October thru July) can range from \$500-\$2,500 depending on whether placed on a regional, coastal or national team. This cost is all inclusive and covers facility rentals, equipment costs, uniforms, registration fees, and travel costs (excluding airfare). Throughout the season, MVP may participate in various fundraisers to help defer the costs of the season.

If there are concerns with respect to the financial commitment, please speak with the MVP Director for possible options.

QUESTIONS?
Contact Philip Huang, MVP Director
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#### **Teams**

Each year we seek to support at least three teams: one 12 and under, one 14 and under, one 16/15 and under, and one 18/17 and under teams. Additional teams may be formed based on the number of participants. On average, each team will have approximately ten players. These numbers ensure that we can provide sufficient training and attention for each individual player.

## **Age Definition**

18 & under: players born on or after September 1, 1999

(or born on or after September 1, 1998 AND high school student during some part of the current academic year)

- 17 & under: players born on or after September 1, 2000
- 16 & under: players born on or after September 1, 2001
- 15 & under: players born on or after September 1, 2002
- 14 & under: players born on or after September 1, 2003\*

\*Note: There is an exception for boys who were born on or after September 1, 2002 and before September 1, 2003, and are in eighth grade (8th) during the current academic year. These boys are U14 eligible.

12 & under: players born on or after September 1, 2005

## **Tryout Process**

We are supporting two tryout dates. Although it is acceptable to miss a tryout, it is in the player's best interest to attend both tryout dates so the coaching staff can properly evaluate each player. Depending on the situation, the tryout may extend to the first practice.

## **Tryout Cost**

The cost is \$50/player for both sessions, with \$10 discount for pre-registering on the MVP website. This fee is above and beyond the CHRVA/USAV membership fee that is required. Please make checks payable to the "Maryland Volleyball Program" or bring exact change.

## **CHRVA Membership Required for Tryout**

All players must register online on the CHRVA website:

http://www.chrva.org/page/show/1263504-chrva-registration-information

All players must bring proof of CHRVA membership with them in order to tryout. Without proof of CHRVA membership, players will not be allowed to tryout. No EXCEPTIONS!

# **Medical Release Form Required for Tryout**

A completed and signed USAV Youth and Junior Volleyball Player Medical Release Form is also required to participate in tryouts. Without the medical release form, players will not be allowed to tryout. Again, there will be no exceptions.

http://assets.ngin.com/attachments/document/0061/4249/2018\_Player\_Medical\_Release\_w\_ClubTeam\_WITHOUT\_Notary.pdf

**QUESTIONS?** 

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