



# MARYLAND VOLLEYBALL PROGRAM

## **2018-2019 Season Handbook**

January 1, 2019

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## **Introduction**

The Maryland Volleyball Program (MVP) is a non-profit organization which provides opportunities for boys to compete in USA Volleyball Junior Olympic (JO) competition at local, regional, and national levels. MVP was first established in 1986 and has competed in every USA Volleyball Junior Olympic National Championship since 1987.

We are dedicated to providing quality training beyond what is available through the school systems and competition at local, regional, and national levels. This competitive athletic experience can enhance social development, contribute to mental and physical health, and teach the values of teamwork, responsibility, self-discipline, and self-motivation.

It is our sincere desire to provide a solid foundation of fundamentals to enable participants to develop, not only as players, but also as people. Given this base, we hope that these youths will continue playing well beyond their Junior Olympic years. Volleyball is truly a lifetime sport.

### ***Purpose***

The purpose of this document is to familiarize parents, players, and sponsors with MVP and identify the policies and procedures that govern how MVP is run.

### ***Junior Olympic Volleyball Background***

Believe it or not, volleyball is a sport with an American origin. William G. Morgan, a YMCA physical director, in Holyoke, Massachusetts, created it in 1895 as a less strenuous alternative to basketball. It is interesting to note that basketball was also created about the same time in nearby Springfield, Massachusetts. The disparity between the popularity of the two sports in this country is not reflected on a worldwide basis. Volleyball is one of the most popular sports in the world.

The United States Volleyball Association was founded in 1928 and is the National Governing Body associated with the United States Olympic Committee for the sport. USA Volleyball ([www.usavolleyball.org](http://www.usavolleyball.org)) has divided the Nation into over 40 Regions for organized competition during the year, which culminates in the U.S. Open Volleyball Championships for adults. Championships are conducted for the best teams in Men's and Women's divisions ranging from Open, AA, A, BB, and B. Competitions are also held for various age group divisions ranging from 30 and over to 75 and over. Our Region is known as the Chesapeake Region ([www.chrva.org](http://www.chrva.org)) and encompasses Maryland, the District of Columbia, Delaware, and Northern Virginia.

Competition is also provided under a Junior Olympic Volleyball (JOV) Program for high school age and younger participants ranging from 12 and under to 18 and under divisions. Under this program, USA Volleyball sponsors teams and individuals that participate in High Performance Camps, Youth National teams, Junior National teams, International Junior competitions and the USA Volleyball Junior National Championships.

USA Volleyball also sponsors within each Region instructional camps and clinics for the development of club directors, coaches, players, and officials. Several USA Volleyball

Coaching Accreditation Program (CAP) Level I and II courses have been held at in our region over the past number of years.

### ***MVP History***

This is our **thirty-second** season where we plan to take multiple teams to the USA Volleyball's Junior National Championships. Since our first USAV Junior National Championships in 1987 in Albuquerque, we have seen the event grow in the number of teams participating and in the level of play by the teams. The challenge for us has always been to develop teams that can compete at the local, regional, and Junior National level. It has also always been our goal to instill within the participants an appreciation and love for the sport. We firmly subscribe to the belief that volleyball is truly a lifetime sport that can be enjoyed well after the JOV age.

We have focused our program on junior boys because of the lack of opportunities currently available for boys. In contrast to girls' volleyball, the number of college scholarship opportunities are not only very limited, but the dollar amounts are significantly lower (NCAA only allows 4.5 full scholarships for men's teams as compared with 12 for women's teams. There are only about 80 varsity men's teams and only about 20 of those are Division I.). We will do our best to prepare our players and put them in the best environment to showcase their abilities to college recruiters who will be present at various tournaments. Appendix D provides a complete list of past players who went on to play collegiate ball.

Please realize that because of the vast pool of boys to choose from and the limited number of scholarship opportunities, the Division I universities can be very selective. If the gender equity issue can be resolved without overwhelming the budgets of universities' athletic departments, we anticipate an exponential growth in men's varsity programs across the country. There are also opportunities at the Division II and III levels where there are about 60 collegiate men's programs. The increasing number of high school boys currently playing as well as the thriving men's collegiate club volleyball program (300+) is driving this. This would certainly lead to more scholarship opportunities for boys in volleyball. And of course, we will provide assistance to program participants in continuing to play volleyball beyond their "JOV years". Many opportunities exist to participate whether it's through outdoor events (grass or beach), collegiate club, Chinese 9-man, and adult USA Volleyball competition.

Learning the right way to play the game at an early age offers easier access to these avenues of competition. It is satisfying to see so many of the alumni from our program continuing to play at high levels.

## Program Policies

**What rules we have, are strictly enforced.** Otherwise, the volunteers that we have would be inundated by exceptions. The following rules will be strictly enforced:

- Players in the program come from many different backgrounds and schools. The players are required to eliminate any inter-school rivalries and personality conflicts.
- Participants are required to abstain from the use of tobacco, alcohol and drugs. Participants in violation of this policy are subject to immediate disciplinary actions that may include immediate expulsion from the program.
- Players are **strongly recommended** to maintain an eligibility status for their respective school systems. If a player becomes ineligible to participate because of grades for his school, it will be the parent's decision to determine eligibility for MVP.
- Dues must be paid promptly. If financial commitments are too burdensome, please contact the program Director to discuss options.

Violation of rules during **any** tournaments (including USAV Boys Bid Tournament or USAV National Championships) may result in the player being sent home immediately at their expense.

Please read and understand the [USA Volleyball Participant Code of Conduct Form](#) (Appendix A). A copy is available for download from the MVP website. Please be aware that the MVP will abide by any punishments imposed by USAV.

## Team Travel Policies

The Maryland Volleyball Program supports teams with different travel requirements to play in tournaments. Some teams that travel regularly to play in tournaments, other teams have limited travel and play in just a few events per season, and teams with local travel to and from our own area. The Maryland Volleyball Program prohibits all types of physical abuse, sexual abuse, emotional abuse, bullying, threats, harassment and hazing, all as described in the USA Volleyball SafeSport Handbook. All coaches for the Maryland Volleyball Program participate in the SafeSport Training and must pass the SafeSport Certification before they are allowed to coach for the Maryland Volleyball Program. The Maryland Volleyball Program has established policies to guide our travel, minimize one-on-one interactions and reduce the risk of abuse or misconduct. Adherence to these travel guidelines will increase player safety and improve the player's experience while keeping travel a fun and enjoyable experience.

We distinguish between travel to training, practice and local tournaments ("local travel") and team travel involving an overnight stay ("team travel").

## **Local Travel**

Local travel occurs when the Maryland Volleyball Program does not sponsor, coordinate or arrange for travel.

- Players and/or their parents/guardian are responsible for making all arrangements for local travel. The team and its coaches, managers or administrators should avoid responsibility for arranging or coordinating local travel. It is the responsibility of the parents/guardians to ensure the person transporting the minor player maintains the proper safety and legal requirements, including but not limited to: a valid driver's license, automobile liability insurance, a vehicle in safe working order, and compliance with applicable state laws.
- The employees, coaches and/or volunteers of the Maryland Volleyball Program or one of its teams, who are not also acting as a parent, should not drive alone with an unrelated minor player.

## **Team Travel**

Team travel is overnight travel that occurs when the Maryland Volleyball Program or one of its teams' sponsors, coordinates or arranges for travel so that our team can compete locally, regionally or nationally. Because of the greater distances, coaches, staff, volunteers and chaperones will often travel with the players.

- When possible, the Maryland Volleyball Program will provide reasonable advance notice before team travel. Travel notice will also include designated team hotels for overnight stays as well as a contact person within the Maryland Volleyball Program or the team. This individual will be the point of contact to confirm your intention to travel and to help with travel details.
- Regardless of gender, a coach shall not share a hotel room or other sleeping arrangements with a minor player (unless the coach is the parent, guardian or sibling of the player).
- The coach or his/her designee will establish a curfew by when all players must be in their hotel rooms or in a supervised location. Regular monitoring and curfew checks will be made of each room by at least two properly background screened adults. At no time should only one adult be present in a room with minor non-related players, regardless of gender.
- Team personnel shall ask hotels to block adult pay per view channels.
- Individual meetings between a coach and a player may not occur in hotel sleeping rooms and must be held in public settings or with additional adults present, with at least one of those adults being the same gender as the player.
- Family members who wish to stay in the team hotel are permitted and encouraged to do so.

- The team will make every effort to accommodate reasonable parental requests when a child is away from home without a parent. If any special arrangements are necessary for your child, please contact the team personnel who can either make or assist with making those arrangements.
- No coach or chaperone shall at any time be under the influence of drugs or alcohol while performing their coaching and/or chaperoning duties.
- In all cases involving travel, parents have the right to transport their minor player.
- Prior to any travel, coaches will endeavor to make players and parents aware of all expectations and rules. Coaches will also support chaperones and/or participate in the monitoring of the players for adherence to curfew restrictions and other travel rules.
- If disciplinary action against a player is required while the player is traveling without his/her parents, parents will be notified before any action is taken. If immediate action is necessary, parents will be notified immediately after.

### **Additional Policies**

- Players are expected to remain with the team at all times during the trip. Players are not to leave the competition venue, the hotel, restaurant or any other place at which the team has gathered without the permission/knowledge of the coach or chaperone.
- When visiting public places such as shopping malls, movie theatres, etc., players will stay in groups of no less than three persons. Athletes 12 and under will be accompanied by a chaperone or a parent/guardian.
- Safety Policies
  - Additional guidelines to be established as needed by the coaches;
  - Supervised team room provided for relaxation and recreation;
  - Respect the privacy of each other;
  - Only use hotel rooms with interior entrances;
  - Must wear seatbelts and remain seated in vehicles;
- Behavior Policies
  - Be quiet and respect the rights of teammates and others in the hotel;
  - Be prompt and on time;
  - Cell phone usage is allowed until curfew
  - Computer usage including social media is allowed until curfew
  - Respect travel vehicles;
  - Use appropriate behavior in public facilities, including language;
  - Two different curfews will be established – in own rooms and lights out;
  - Must stay in assigned hotel room; and

- Needs and well-being of the team come first.
- Financial
  - No room service without permission
  - Players are responsible for all incidental charges
  - Players are responsible for any damages or thievery at hotel; and
  - Players must participate in team meals.

### **Code of Conduct / Honor Code**

USA Volleyball strongly suggests clubs to create a Code of Conduct or Honor Code as a companion document to team travel policies.

- a. Team members will display proper respect and sportsmanship toward coaches, officials, administrator, teammates, fellow competitors and the public at all times.
- b. Team members and staff will refrain from any illegal or inappropriate behavior that would detract from a positive image of the team or be detrimental to its performance objectives.
- c. The possession or use of alcohol or tobacco products by any athlete is prohibited.
- d. The possession, use or sale/distribution of any controlled or illegal substance or any form of weapon is strictly forbidden.
- e. Team members are reminded that when competing in tournaments, traveling on trips and attending other club-related functions, they are representing both themselves and the Maryland Volleyball Program. Athlete behavior must positively reflect the high standards of the club.

For Consideration:

- a. Failure to comply with the Honor Code as set forth in this document may result in disciplinary action. Such discipline by include, but may not be limited to:
  - i. Dismissal from the trip and immediate return home at the athlete's expense;
  - ii. Disqualification from future tournaments, either local or traveling;
  - iii. Financial penalties;
  - iv. Dismissal from team; and/or
  - v. Penalties set forth in the USA Volleyball Participant Code of Conduct, which may include a lifetime ban.
- b. Players are to refrain from inappropriate physical contact at team activities.
- c. Players are to refrain from the use of inappropriate language.



## **Roles and Responsibilities**

The following sections identify the roles and responsibilities for all MVP members/participants.

### ***MVP Board of Directors***

There is a total of five members that comprise the Board of Directors. These members are entrusted with providing the vision and ability to grow/improve MVP. The Board will also help maintain the goals and philosophy of the Program. The primary responsibilities of the Board are, but not limited to:

- Select Program Director
- Maintain/ensure program philosophy is maintained
- Provide insight to grow and improve the program
- Resolve extenuating circumstances

The time commitment of a Board member is relatively low, roughly 10-20 hours per season.

The Board of Directors for 2017-2018:

- Aldis Berzins – Stevenson University Men’s Volleyball Coach (2016- present); MVP Coach (2000-2011); USAV National Team (1979-1985; 1983 MVP; 1984 Gold Medal)
- Philip Huang – MVP Director (2015- present); MVP Coach (2004 – present); USAV High Performance Coach and Evaluator (2012- present)
- Tam-Thanh Huang - MVP Coach (2005 – present); USAV High Performance Evaluator (2012- present)
- Johnny Hsiung – former MVP Director (2005-2014); MVP Coach (2000-2015)
- Rajesh Rathnam – MVP and MVSA Coach (2008-present)

### ***Program Director***

The Program Director provides the overall management of Program activities. The primary responsibilities of the program director are:

- Coordinate and manage all Program members
- Resolve or assist in resolving any issues
- Aide in performing program tasks (coaching, administrative functions, etc.), as needed
- Aide in player selection and team formation
- Create program budget
- Pay bills
- Reimburse coaches and coordinators for items paid
- Publish/post financial records
- Approves purchase requests from coordinators
- Purchasing and managing uniform inventory
- Purchasing balls, ball carts, and other equipment
- Controlling inventory of equipment between practices, tournaments, and MVP teams

- Coordinate with coaches to ensure equipment is available for each practice and tournament

The time commitment of the Program Director is significant. A Program Director will likely spend over 10+ hours per week managing the Program.

### ***Registration Coordinator***

The Registration Coordinator registers all teams/players with USAV and for all tournaments throughout the year. The primary responsibilities of the registration coordinator include:

- Registering program with USAV
- Registering teams, players, chaperones, and coaches with USAV
- Submitting background check information for coaches/chaperones
- Adding new players throughout season
- Registering MVP with the various online registration systems (Advanced Event Systems, SignUptoPlay.com, etc.)
- Registering for tournaments as requested by Program Director and/or coaches
- Coordinate with coaches, team liaison, and communication coordinator to determine player availability

The time commitment for the Registration Coordinator is quite heavy at the beginning of the season (~40+ hours). Once the season begins in full swing, the coordinator will spend roughly ~10 hours per month ensuring that all teams are properly registered in all tournaments.

### ***Facilities Coordinator***

The Facilities Coordinator acquires gym space for the Program. The primary responsibilities of the facilities coordinator include:

- Renting gym space for practices
- Renting gym space for tournaments
- Setting up practice times
- Coordinate with Communications coordinator and Website coordinator for distributing practice times; notification of closures

The time commitment is significant at the beginning of the season and during mid-season when 2<sup>nd</sup> half requests are due for Montgomery County gym rentals. During other times, the commitment is relatively minimal, perhaps ~5 hours per month.

### ***Fundraiser Coordinator***

The Fundraising Coordinator is responsible for providing the Program and players with the fundraising tasks to offset travel and program costs. The primary responsibilities of the fundraiser coordinator include:

- Researching and selecting fundraising methods
- Recording individual and “team” amounts raised

- Coordinate with Financial Coordinator on amounts generated, and by whom.

### ***Tournament Coordinator***

The Tournament Coordinator is responsible for hosting and running all MVP-run tournaments. The primary responsibilities of the tournament coordinator include:

- Coordinating tournament logistics (dates, which gyms, number of courts, procedures for set-up/tear-down/clean-up, materials/supplies, etc.).
- Submitting all required paperwork to CHRVA before and after tournaments.
- Ordering awards/trophies.
- Coordinating with Equipment Coordinator to obtain game balls.
- Managing costs, expenses, and fees (e.g., referees, materials/supplies).
- Hosting/running MVP tournaments (day of)
- Collect registration forms and fees
- Advertising tournaments
- Networking with other clubs/regions to increase participation for future tournaments

### ***Communication/Policy Coordinator***

The Communication/Policy Coordinator is responsible for distributing program information to all members. The primary responsibilities of the communication/policy coordinator include:

- Sending out program related emails to coaches, parents, individual teams, etc.
- Coordinate parent meetings
- Coordinate player meetings
- Enforcing/maintaining MVP Code of Conduct
- Maintain contact list
- Work with other coordinators to distribute information as needed (e.g., last minute practice changes/cancellations, travel meeting times/locations)

The time commitment for this role is light during the season. We estimate roughly 1 hour per week during the main season (January through July).

### ***Website Coordinator***

The website Coordinator is responsible for maintaining the MVP website ([www.mvpvolleyball.net](http://www.mvpvolleyball.net)). This is a pivotal role within the program as all information will be distributed through the MVP website. The primary responsibilities of the website coordinator include:

- Maintaining information posted on the website
- Work with coaches and facilities coordinator to post practice times
- Work with coaches to post tournaments
- Work with coaches to post tournament results
- Work with other coordinators to post club-related information.

The time commitment for this role is fairly significant. We estimate roughly ~15 hours per month.

### ***Coaches***

The Coaches are responsible for coaching!! The MVP coaches are the heart and soul of our program.

The primary responsibilities of Coaches include:

- Run practices for team
- Coach team during tournaments
- Record ALL tournament results
- Provide results to website coordinator
- Assist Chaperones in managing players when needed
- Assist other coordinators on registration, travel arrangements, uniforms, shoes, etc.
- Maintaining team paperwork (Medical waivers, team rosters, etc.) as required by USAV.

The time commitment for coaches is significant. ***Coaches*** will contribute over 40 hours per month for each team.

### ***Team Chaperone/ Team Manager***

The Team Chaperone/Team Manager is a vital role within the Program. A Team Chaperone is required for participation in a Bid Tournament and the USA Volleyball Junior National Tournament. The Team Chaperone is responsible for coordinating day-to-day logistics for the team. The primary responsibilities of the Team Chaperone include:

- Communication liaison between Program and team players/parents
- Assist Coaches in contacting parent(s) in case of emergency
- Organize meal logistics from either identifying local places to eat or couriering to tournament site in the event of limited break times.
- Booking hotels and making initial room assignments
- Booking plane tickets
- Renting cars
- Coordinating rides for “local” tournaments
- Assist in coordinating fundraising activities for a given team
- Delegate responsibilities to team members and chaperones

Team Chaperones are responsible for managing teams at tournaments. In order to share some of the responsibilities and burden among parents, we hope that there will be multiple parent volunteers per team. The primary responsibilities of tournament chaperones include:

- Ensure team rules / curfews are maintained
- Ensure players represent MVP positively
- Know where the players are when not on the court
- Ensuring safety of players

In addition to the above listed responsibilities, the Team Chaperone/Team Manager/Tournament Chaperone must also abide by the rules stated in the USAV Team Chaperone Responsibilities Form which is included in Appendix B of this handbook.

In the event there is no Team Chaperone/Team Manager, these responsibilities will fall on the individual team coaches. However, this will negatively impact the quality of coaching provided to the team.

The time commitment required of a Team Chaperone/Team Manager is significant throughout the season. We would estimate roughly ~10 hours per month coordinating events and activities for the team.

### ***Players***

Players are responsible for positively representing MVP. The primary responsibilities of players include:

- Working tournament matches as delegated by Team Captains
  - NOTE: Each team will have two (2) referees and two (2) scorekeepers on the roster before a team will be registered for a tournament.
- Aiding Chaperones and Coaches as requested
- Looking out for your teammates.
- Acting responsible at all times
- Inform Team Captain, Coaches, Team Parents, and Teammates whether they can attend practices/tournaments
- Respond to coaching queries promptly

Information on requirements to become a junior referee and scorekeeper can be found at the following links:

- Referee: <http://www.chrva.org/page/show/111342-referee-certification-instructions>
- Scorekeeper: <http://www.chrva.org/page/show/223605-scorer-certification-instructions>

## **Coaching Philosophy / Team Goals**

This section aims to cover the MVP coaching philosophy and how each team will be run. The MVP coaching philosophy is established by the MVP Board of Directors. For any questions or concerns, please contact the MVP Director.

### ***General Philosophies***

The general philosophy is that we will provide the best volleyball training to players while participating in the program (during practices, travel, and competition). Our objective is to enable players to develop both athletically and ultimately into responsible adults.

It is our goal to have all teams (with the exception of the 14's and 12's) play in at least one tournament per month beginning in January and ending in May. Our season culminates in participation in the USA Volleyball Junior National Championships in late June/early July.

### ***Team Levels***

There are 4 levels of teams: National, Coastal, Regional and Training.

National is the most competitive level; these teams will compete in at minimum two out of state multi-day National Bid Tournaments. National teams will participate in more national level tournaments and their season will conclude at USAV Junior National Championships. National teams will also compete in local regional tournaments at the adult and junior levels.

Coastal teams will participate in local tournaments and at least one out of state multi-day National Bid tournaments. Coastal teams will also compete in local regional tournaments at the junior level. The season for the Coastal team will end after the Boys East Coast Championships, held yearly during the Memorial Weekend in May. We encourage all Coastal teams to participate at the USAV Junior National Championships. If there is sufficient interest from the team (player and parents), we will consider extending the season to include participating in the USAV Junior National Championships in late June/early July. Since this tournament will be held in late June/early July, players, parents and coaches in the mid- March time frame will make the decision together.

Regional teams will participate in tournaments in the local region. The final tournament for a regional team will be the CHRVA Regional Championships typically scheduled in March. If there is sufficient interest from the team, the coaching staff will consider extending the season. Discussions between players, parents, and the coaches will start in the January time frame.

The Training team will consist of boys new to the game of volleyball. Our goal here is to have the team learn the basics of the game of volleyball with weekly instruction. Depending on the players, parents, and coaches, the team may play matches in the Volleyball League sponsored by the City of Gaithersburg during the months of January and February. Or the team may participate in selected local tournaments within the CHRVA region.

The local region includes the CHRVA region (our region which includes: northern Virginia, Maryland, and Delaware), the Keystone region (York, PA or Lancaster, PA) and/or the Old Dominion Region (Richmond, VA).

The overarching team goal is to play at the highest level possible. To achieve this goal, coaches will be playing the best players and the best lineups as they see fit for National Bid Tournaments and at the USAV Boys Junior National Championships. However, for tournaments in the local region and non-qualifying bid tournaments, coaches will attempt to distribute reasonable playing time evenly to ensure everyone has a chance to develop.

Playing time during a tournament is at the sole discretion of the head coach. If there are any questions/concerns in this regard, please contact the MVP Director.

### **Teams Supported**

For the 2018-2019 season, we hope to support a total of eight teams:

- One 18's team (MVP 18-1) – Coastal Team
- One 17's team (MVP 17-1) – National Team
- One 15's team (MVP 15-1) – National Team
- Three 14's team:
  - (MVP 14 National) – National Team
  - (MVP 14 Flame) – Regional Team
  - (MVP 14 Flash) – Regional Team
- One 12's teams (MVP 12-1) – National Team
- One Training Team – MVP Sparks

### **Practice Players**

Coaches may select practice players to support their team(s). Please remember that during practices, the coaches will be giving priority to team players over practice players, but will continue to work with practice players to improve their volleyball skills and prepare them for promotion to full team member. The promotion may be within the same season or may be a following season and is at the sole discretion of the head coach. If there are any questions/concerns in this regard, please contact the MVP Director.

Practice players on age eligible teams may be asked for availability for tournaments on an as-needed basis. If a practice player participates in a tournament as a practice player, they are only responsible for the travel costs associated with the tournament and their portion of the tournament entrance fee. Practice players being asked to participate in a tournament is at the sole discretion of the head coach. If there are any questions/concerns in this regard, please contact the MVP Director.

## Communication

The Maryland Volleyball Program website ([www.mvpvolleyball.net](http://www.mvpvolleyball.net)) will be used as the primary method for disseminating information to all players, parents, and coaches. If there are any questions that you have about upcoming tournaments, practices, fundraisers, etc., check the website first. Please ensure that you check the MVP website.

Teams will use the BAND team application to plan, chat, poll and communicate within the team. Please check the BAND app for your team **AT LEAST** twice per week (Monday and Thursday). Please turn on notifications for the BAND team application to keep up to date on all team related information.

If the website or BAND team application does not answer your question, please do not hesitate to contact your team coach or team chaperone/manager.

Finally, for any issues/questions, feel free to contact the MVP Director: Philip Huang ([mvpcoachphil@gmail.com](mailto:mvpcoachphil@gmail.com)) or mobile (240.381.5708).



## Financial Commitment

The financial commitment to participate with the MVP can be fairly significant. This section provides participants and parents with an idea of the costs associated with the MVP. It also provides some guidelines as to the minimum costs as well as potential additional costs if a particular team goes to JO nationals or wishes to travel for out of region tournaments.

The following is a list of fixed costs during the season that are distributed evenly to all MVP participants:

- Gym fees for practice (based on individual team usage)
- USAV registration for coaches
- Coaches certification fees (e.g. - IMPACT, SafeSport, CAP, background checks, etc.)
- MVP accounting fees
- Volleyball equipment (e.g. - balls, ball carts, ball bags, antennae, etc.)
- Uniforms

The following is a list of costs that are charged to specific teams/individual based on participation (e.g., for East Coast Championships, USA Volleyball Junior National Championship, multi-day tournaments, etc.):

- Hotel fees for individual players, coaches, and chaperones
  - Teams cover two rooms for the staff (a coach's room and chaperone room)
- Airfare for coaches, and chaperones
- Car/van rental, parking fees, and gas/tolls
- Gym rental fees for extra practices
- Tournament entry fees

Dues will be collected on fixed dates as identified in the following sections. Dues are collected based on the estimated costs for the current season. The estimated costs cover all of the items identified above. At the end of the season a final invoice will be sent covering any additional costs not covered with the dues paid.

## Dues Schedule

Based on the cost for previous seasons, the following is the dues schedule that covers the estimated total costs as identified above.

All dues must be made payable to: **Maryland Volleyball Program**

Please give each dues payment to the head coach on the practice date listed, or the first practice following the Due Date.

Dues / Fees	Due Date	18-1	17-1	15-1	14-1	14 Flame 14 Flash	12-1	Sparks	Practice Players
<b>1<sup>st</sup> Dues installment</b>	First Practice	\$650	\$650	\$650	\$650	\$650	\$650	\$80	\$650
<b>2<sup>nd</sup> Dues installment</b>	JAN 2, 2019	\$300	\$300	\$600	\$500	-	\$300	-	-
<b>3<sup>rd</sup> Dues installment</b>	FEB 15, 2019	\$200	\$425	\$400	\$400	-	\$300	-	-
<b>4<sup>th</sup> Dues installment</b>	APR 15, 2019	-	\$425	\$350	\$250	-	\$250	-	-
<b>End of Season Reconciliation – Payment of outstanding individual player balances</b>	Date	7/31	7/31	7/31	7/31	7/31	7/31	7/31	7/31
<b>Minimum Commitment Total</b>	-	<b>\$1150</b>	<b>\$1800</b>	<b>\$2000</b>	<b>\$1800</b>	<b>\$650</b>	<b>\$1500</b>	<b>\$80</b>	<b>\$650</b>

For the National Teams, the costs identified include travel expenditures (excluding player airfare) for a minimum of two out of state multi-day tournaments (e.g. – Rochester CAN-AM, Florida Fest, Atlantic Northeastern, East Coast Championships, and the National Championships) and the Regional Championships. There may be additional costs for teams that travel to any additional out of region tournaments.

For the Coastal Teams, the costs identified include travel expenditures (excluding player airfare) for one out of state tournaments (e.g. – Boys East Coast Championships) and the

Regional Championships. There may be additional costs for teams that travel to any additional out of region tournaments. The team(s) will determine in the March time frame if they will attend the National Championships. A cost estimate will be provided to the team when coaches begin discussions to extend the season. Additional funds will be needed to cover travel, lodging, entrance fees, and practice facilities.

For the Regional Teams, the costs identified include a minimum two local tournaments and the Regional Championships. The team(s) will determine in the late January time frame if they will continue after the Regional Championships and attend the Boys East Coast Championships. A cost estimate will be provided to the team when coaches begin discussions to extend the season. Additional funds will be needed to cover travel, lodging, entrance fees, and practice facilities.

For the 13s and 12s teams, the costs identified include a minimum three local tournaments, the Regional Championships, the Boys East Coast Championships and the National Championships.

For all our teams, participation in any additional tournaments will be decided based on player and coaching availability.

We run the Maryland Volleyball Program with very little overhead costs and no external financial support. As such, paying player dues on time is extremely important. These funds are needed to cover the expenses of the program from month-to-month. Late payment will result in player removal from the team roster.

# Appendix A – USA Volleyball Participant Codes of Conduct

## USA VOLLEYBALL CODE OF CONDUCT

### THE FOLLOWING ACTIONS ARE PROHIBITED:

1. Violation of any anti-doping policies, protocols or procedures as defined by the International Olympic Committee (IOC; [www.olympic.org](http://www.olympic.org)), World Anti-Doping Agency (WADA; [www.wada-ama.org](http://www.wada-ama.org)), Federation Internationale de Volleyball (FIVB; [www.fivb.org](http://www.fivb.org)), US Anti-Doping Agency (USADA; [www.usada.org](http://www.usada.org)) or the United States Olympic Committee (USOC; [www.teamusa.org](http://www.teamusa.org)). Violations of this provision will be adjudicated only by USADA or the proper anti-doping authority, not USA Volleyball (USAV).
2. Violation of safe sport rules, policies and procedures promulgated by the U.S. Center for SafeSport ([www.safesport.org](http://www.safesport.org)), as they may be amended from time to time.
3. Possession, consumption or distribution of alcohol, tobacco, vaping devices or e-cigarettes if illegal or in violation of USAV or Regional Volleyball Association (RVA) policy.
4. USAV policy prohibits the possession, consumption or distribution of alcohol, tobacco, vaping devices or e-cigarettes by anyone registered as a junior volleyball player at the event venue of any USAV/RVA sanctioned junior event.
5. Use of a recognized identification card by anyone other than the individual described on the card.
6. Physical damage to a facility or theft of items from a room, dormitory, residence or other person. (Restitution will be part of any penalty imposed.)
7. Possession of fireworks, ammunition, firearms, or other weapons or any item or material which by commonly accepted practices and principles would be a hazard or harmful to other persons at USAV/RVA sanctioned events.
8. Any action considered to be an offense under Federal, State or local law ordinances.
9. Violation of the specific policies, regulations, and/or procedures of the USAV, RVA or the facility used in conjunction with a sanctioned event. (It is the responsibility of the individual to be familiar with applicable specific policies, regulations and procedures.)
10. Conduct which is inappropriate as determined by comparison to normally accepted behavior.
11. Physical or verbal intimidation of any individual.
12. Actions that will be detrimental to USAV or the RVA.

### USA VOLLEYBALL DISCIPLINARY SUGGESTIONS:

Infraction	When Occurred	Suggested Maximum Sanction
First	Before or during event	Individual disqualified (if person is a junior, he/she will be sent home as soon as possible and parent or guardian notified). The individual may be declared ineligible for USAV registration or RVA membership for one year starting from the date of infraction.
	After event concludes	The individual may be declared ineligible for USAV registration or RVA membership for one year starting from the date of infraction.
Second	Before or during event	Individual disqualified (if person is a junior, he/she will be sent home as soon as possible and parent or guardian notified). The individual may be declared ineligible for USAV registration or RVA membership for two years starting from the date of infraction.
	After event concludes	The individual may be declared ineligible for USAV registration or RVA membership for two years starting from the date of infraction.
Third		Individual may be declared ineligible for USAV registration or RVA membership for the remainder of his/her lifetime.
<b>NOTE:</b>		Major misbehavior (e.g. verbal or physical abuse of a child, sexual harassment, etc.) may subject the violator to a lifetime ineligibility for USAV registration or RVA membership after the first infraction.

Penalties are only applied after affording the participant due process as required by the Ted Stevens Olympic and Amateur Sports Act (TSOASA), USOC, USAV, and RVA. Appeals, other than for doping violations, may be made in accordance with procedures set forth in the bylaws and operating codes of USA Volleyball and the RVA as printed in the current Official USA Volleyball Guide and RVA Handbook, respectively.

Sanctions are applied after affording the participant due process that may be required by the Ted Stevens Olympic and Amateur Sports Act (TSOASA), USOC, USAV, and RVA. Appeals, other than for doping violations and matters under the jurisdiction of the U.S. Center for SafeSport, may be made in accordance with procedures set forth in the bylaws and operating codes of USA Volleyball and the RVA respectively. USADA and the U.S. Center for SafeSport retain the sole ability to determine any and all sanctions in those matter under their respective and exclusive jurisdictions.

- I have read and understand the USA Volleyball Code of Conduct and Disciplinary Policies
- I agree and consent to abide by the USA Volleyball Code of Conduct and Disciplinary Policies and other region specific code of conducts and/or disciplinary policies.
- I understand that, if I violate the USAV and/or RVA Codes of Conduct, I might be subject to disciplinary action in accordance with USAV and/or RVA Disciplinary Policies.

Participant's Signature (regardless of age): \_\_\_\_\_ Date signed: \_\_\_\_\_

Parent/Guardian's Name (if registrant is under 18 years of age): \_\_\_\_\_

Parent/Guardian's Signature: \_\_\_\_\_ Date signed: \_\_\_\_\_

**TO BE RETAINED BY MEMBER**

# Appendix B – USAV Chaperone Responsibilities Form

Revised for 2019



## CHAPERONE RESPONSIBILITIES

Thank you very much for volunteering to be a junior team chaperone. As a chaperone you are assuming certain responsibilities for the welfare of the players under your care, custody and control. To assist you in knowing what your responsibilities are we have created this information sheet for you. Please read and discuss these responsibilities with the team coach or manager. If you understand and accept these responsibilities please sign and date the bottom of the form and return the form to the coach or manager.

As a Chaperone, I understand and take responsibility for the following:

1. Consent to and pass a USA Volleyball Background Screening and obtain the required SafeSport Trained certificate prior to chaperoning. The course is offered free of charge to USA Volleyball Members.
2. As an assigned driver transporting players to and from an event, I will obey all traffic laws and will not take any driving risks that will place the players or me in a harmful situation. All players as well as myself will wear seatbelts while in the automobile.
3. If using my personal automobile for transporting players, I understand that I am responsible for any accidents or injuries to my automobile, myself or to the players. I agree to have automobile liability insurance in the amount of \$300,000 or more covering the automobile I will use to transport players. I agree not to transport more players than my automobile has seatbelts for.
4. I will have a meeting with the players I am chaperoning to discuss the following:
  - a. Room accommodations - player responsibilities and conduct
  - b. Curfew
  - c. Check-in requirements with you if the players are going to leave the hotel.
  - d. Review of departure times and team activity agenda times.
  - e. Alcohol, tobacco and illegal drug restrictions.
  - f. Team meals.
5. I will refrain from using alcoholic beverages while conducting my chaperone responsibilities. I will absolutely not drink and drive myself or any players while acting as a chaperone. If for any reason I feel impaired to chaperone, drive, or carry out any of my responsibilities I will personally contact the team coach or manager and advise him/her of my impairment.
6. I will do everything that is reasonable and prudent to insure the safety of myself and the players while performing any chaperone duties.
7. As a chaperone, I understand that I am working under the direction of the Club, Regional Volleyball Association, or USA Volleyball Association. Any General Liability insurance available to the Club, Regional Association or USA Volleyball Association (excluding auto insurance) is also made available to me while working on behalf of or at the direction of the Club, Regional Association or USA Volleyball. I understand that I may be personally responsible and liable for any of my actions that fall outside the scope of authority granted to me by the Club, Regional Association, or USA Volleyball.

\_\_\_\_\_  
Signature  
  
\_\_\_\_\_  
Printed Name

\_\_\_\_\_  
Date

## Appendix C – CHRVA Spectator/Parent Code of Conduct



Chesapeake Region of USA Volleyball

### **SPECTATOR/PARENT CODE OF CONDUCT**

(This legally binding document may be reproduced as often as necessary)

**IMPORTANT NOTICE – ENTRY TO THIS PRIVATELY SANCTIONED EVENT IS GRANTED AS A COURTESY. IF YOU ENTER/ATTEND THIS, OR ANY CHESAPEAKE REGION SANCTIONED EVENT, YOU AGREE TO ABIDE BY THE FOLLOWING CODE OF CONDUCT GUIDELINES:**

#### **I WILL:**

1. I WILL abide by the official rules of USA Volleyball.
2. I WILL display good sportsmanship at all times.
3. I WILL encourage my child and his/her team, regardless of the outcome on the court.
4. I WILL educate myself on the unique rules of this facility.
5. I WILL honor the rules of the host and the host facility.
6. I WILL generate goodwill by being polite and respectful to those around me at this event.
7. I WILL direct my child to speak directly with his/her coach when coaching decisions are made that may be confusing or unclear.
8. I WILL redirect any negative comments from others to the respective Event Director or Program Administrator.
9. I WILL immediately notify the Event Director and/or Program Administrator in the event that I witness any illegal activity.
10. I WILL support the policies and guidelines of the team/club that I represent.
11. I WILL acknowledge effort and good performance, remembering that all of the players in this event are amateur athletes.
12. I WILL model exemplary spectator behavior while attending this event.
13. I WILL respect the history and tradition of the sport of volleyball by being a good ambassador.

#### **I WILL NOT:**

1. I WILL NOT harass or intimidate the officials.
2. I WILL NOT coach my child from the bleachers and/or sidelines.
3. I WILL NOT criticize my child's coach or his/her teammates.
4. I WILL NOT participate in any game or game-like activities unless I have a current membership card with the Chesapeake Region.
5. I WILL NOT bring and/or carry any firearms at any Chesapeake Region event.
6. I WILL NOT bring, purchase, or consume alcohol at any Youth/Junior volleyball event.

**Note:** Any violation of this Code of Conduct will result in you being asked to leave the site/facility, and may result in you possibly being banned from attending future Chesapeake Region sanctioned events. The Event Director has the final say regarding their individual event. Local law enforcement will be contacted if necessary to resolve any disputes or altercations. Questions or concerns may be directed to the Chesapeake Region office.

## Appendix D – Previous MVP Players

The following are a list of players who went on to play collegiate volleyball.

Name	MVP Years	College
Dainis Berzins	2007-2011 <sup>NC</sup>	Loyola of Chicago
Kris Berzins	2000-2006 <sup>NC*</sup>	Loyola of Chicago
Mikelis Berzins	2005-2008 <sup>NC</sup>	Ohio State
Kevin Carter	2008-2012	Stevenson
Brendan Chang	2006-2011	MIT
David Fitzgerald		Lindenwood
Matt Fritz	2001-2004	Juniata
Jared Goldberg	2006-2010	Pacific/Grand Canyon
Brett Hamilton	1998-2001	Ohio State
John Hutchinson	1989-1990	Princeton
John Kessenich	2001-2005	Vassar
David Lloyd	2002-2006	Villajulie
Alex Lower	2012-2014	Cairn
David Lucas	2005-2010	George Mason
Eric Lucas	2003-2007	George Mason
Tony Mazzullo	1992-1995 <sup>1</sup>	Penn State
Ryan Mullsteff	2005-2008	Loyola of Chicago
Scott Metcalf	1985-1987 <sup>2</sup>	
Kyle Nail	2008	Loyola of Chicago
Brandon Palmer	2007-2013 <sup>NC</sup>	Loyola of Chicago
Cameron Palmer	2006-2011	Emmanuel
William Price	2001-2005	George Mason/Penn State
Tom Rice	1985-1987	George Mason
Aaron Russell	2007-2011 <sup>1, 4, 5, and 6</sup>	Penn State
Peter Russell	2006-2010	Penn State
Armando Rosso	2003-2007	Juniata
Matthew Schmidt	2005-2008	Juniata
Will Schwob	2011-2013	Grand Canyon
Kyle Seeley	2007-2013	Juniata
Mark Shayka	2008-2013	Lees-McRae

<sup>1</sup> All American

<sup>2</sup> Participated in 1987 and 1989 Olympic festivals and on USA National Team roster

<sup>3</sup> Participated in 2011 Pan American Games on USA National Team roster

<sup>4</sup> 2015 USA National Team member

<sup>5</sup> 2015 FIVB World Cup Gold Medalist

<sup>6</sup> 2016 Rio Olympian Bronze Medalist

<sup>NC</sup> NCAA Champion

<sup>NC\*</sup> NCAA Champion - coach

## Appendix E – Major Tournaments

The following is the schedule of the major travel tournaments that travel teams will be attending this year:

<i><b>Date</b></i>	<i><b>Tournament Name</b></i>	<i><b>Tournament Location</b></i>	<i><b>MVP Teams Attending</b></i>
<i><b>Jan. 19-20</b></i>	Rochester CAN-AM	Rochester, NY	14-1 and 15-1
<i><b>Feb. 22-24</b></i>	Atlantic Northeastern	Harrisburg, PA	14-1, 15-1, 17-1, 18-1
<i><b>May 25-27</b></i>	Boys East Coast Championships	Richmond, VA	12-1, 14-1, 15-1, 17-1, 18-1
<i><b>June 30 – July 7</b></i>	Junior National Championships	Dallas, TX	12-1, 14-1, 15-1, 18-1